


## Curriculum Vitae – Dr Manoj Nesari;

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5	<b>Designation and Address</b>	<b>Advisor (Ayurveda)</b> (Equivalent to Joint Secretary, Government of India) Ministry of AYUSH, AYUSH Bhavan, B Block, GPO complex, INA, New Delhi 110 023	

Dr. Nesari is the Advisor to the Government of India at Ministry of AYUSH to advise on policy matters related to improving health of people, integrating Ayurveda and other Indian traditional systems of medicine in public health care delivery, strengthening and capacity building the infrastructure as well as human resource of doctors, supporting staff etc. He is wing head for the International Cooperation of Ministry of AYUSH.

He is Doctorate (PhD) on policy research on international laws related to Traditional systems of medicine and is Post Graduate (M.D.) from Institute of Post Graduate Teaching and Research in Ayurveda (IPGT&RA) Jamnagar with specialization in Ayurveda Internal medicine (Kayachikitsa). He completed his University degree in Ayurveda (**BAMS**) from R A Podar Medical College (Ayur), Worli, Mumbai which is a bachelors course in integrative medicine.

He has also successfully completed the ‘Post Graduate Diploma in Disaster Preparedness and Rehabilitation’ from Guru Govindsingh Indraprastha University, Delhi.

### **He is topper in Union Public Service Commission (UPSC) 1991 batch.**

Dr. Nesari has 30 years’ experience in Ayurvedic academia, clinical practices, policy planning, International cooperation and public Health. He also has long experience developing Policy document, programs, white papers, International negotiations etc. Many new initiatives for expansion of Ayurveda services and their utilization in Public Health etc. are at his credit.

In past thirty years he has worked in different capacities viz. Advisor to Govt. of India, Ministry of AYUSH, Joint Advisor, Director National Academy of Ayurveda, Chief Medical Officer at Central Govt. Health Scheme etc.

## **Main Achievements-**

### **A. Development of Standards:**

- i. Dr. Nesari has been the member of Ayurveda Pharmacopoeia Committee since year 2011 and has immensely contributed in developing Ayurveda drug standards. He also has been looking after the work of Pharmacopoeia Commission of Indian Medicine and Homeopathy (PCIM&H) under Ministry of AYUSH.
- ii. Dr. Nesari is also invited expert to 'Herbal Medicinal Products Committee' (HMPC) of European Medical Agency (EMA) of European Commission and had been observe to the committee as representative of Ministry of AYUSH, India.
- iii. He was also involved in the collaboration with United States Pharmacopoeia (USP) as a part of MoU between PCIM&H and USP.
- iv. Dr. Nesari is the member of steering committee of WHO IRCH and has attended the IRCH meeting held at Budapest Hungary in Nov. 2019 as well as the Web meeting held on Oct. 2020.
- v. He is also member of committees constituted by WHO for developing Benchmark standards of Ayurveda education as well as Ayurveda Practices.
- vi. He was also member of the committee constituted by WHO for developing Benchmark of Integrative Medicine and participated in the meeting called by WHO at Macau in Oct. 2019.

### **B. Clinical:**

As a clinician, he has been treating successfully many complicated disease ailments in acute as well as chronic conditions. His clinical acumen has benefitted thousands of people including those suffering with extreme conditions such as Cancer, auto-immune disorders, spinal disorders etc. He has attained expertise in pain management through Ayurveda, which is commonly considered as a challenge by Ayurveda practitioners.

### **C. Public Health –**

1. Developed 'AYUHMANN Bharat' the flagship program of Ministry of AYUSH.
2. Developed the Medical Value Tourism Program under Champion Sector of Services to promote traditional medicine based medical tourism in India.
3. Developed program for AYUSH integration in NPCDCS program for prevention and control of Non Communicable diseases through Research Councils. This has resulted in collection of data of more than 10,000 patients at the end of 1 year. At the end of three years, this initiative would provide large cohort data about therapeutic efficacy of AYUSH systems in prevention and control of Non Communicable diseases.
4. His proactive initiatives have led to implementation of pilot projects in Ayurvedic antenatal care, Mission Madhumeha etc.
5. Significantly contributed in developing 12<sup>th</sup> plan of the Ministry of AYUSH to develop AYUSH infrastructure.
6. Developing Tertiary Care through Ayurveda
7. Initiated for observing 'Ayurveda Day', every year.

### **D. Training and Capacity building:**

1. Initiated and made enabling provision through CME scheme of AYUSH for AYUSH scientist to undergo training in modern scientific advances in the field of Bio-technology, Cell Biology etc. to promote research in fundamental principles of AYUSH systems and ultimately promote acceptance of evidence based AYUSH systems at global level.
2. Developed specialized training programs in Clinical Diagnosis for Ayurveda senior faculty to promote unique method of Ayurveda in clinical practices.
3. Also developed training programs for ANM and GNM in Ayurveda Nursing, Panchakarma therapists.
4. Developed a thirty hour training program on “Ayurveda for Self Health” and is being successfully run since Indian Red Cross Society since year 2009.
5. Developed one year certificate course for Panchakarma technician and is being run through All India Institute of Ayurveda, Sarita Vihar, New Delhi.

**Some of the significant contribution to the Ayurveda to his credit are -**

1. Legal empowerment of AYUSH doctors
2. Contributed for developing ‘National Health Policy, 2017’ which is the most comprehensive Health Policy with integrative and holistic health approach strongly laying the base for integrating Ayurveda, Yoga and other traditional systems of Indian Medicine in public health.
3. Promoted authentic classical Ayurvedic art of clinical diagnosis and promoting fundamentals of Ayurveda.
4. Standard Treatment Guidelines in Ayurveda leading to standardization of practices and also facilitating insurance coverage to Ayurveda.

**Awards and felicitations:**

- 1) Felicitated by Medscape India with ‘Ayurveda Excellence National Award’ for the year 2017-18.
- 2) Felicitated with prestigious ‘Maharshi Annasaheb Patwardhan Award’ Maharashtra, 2016.
- 3) Felicitated with ‘Pranacharya Award’ by All India Ayurveda Congress at Delhi, 2010.

**Member:**

- Member of Steering Committee of WHO IRCH.
- Member, National Council of Indian Medicine (NCIM)
- Member, Committee for promotion of AYUSH under Railway Ministry.
- PG Board member of Institute of Postgraduate Teaching and Research in Ayurveda, (IPGT&RA), Jamnagar.
- Member of Governing Body of National Ayurveda Academy (Rashtriya Ayurveda Vidyapeeth).
- Member of National Board for Medical Tourism under Chairmanship of Hon’ble Minister of Tourism.

- Member of National Executive Committee of Federation of Indian Chamber of Commerce and Industries (FICCI)
- Member of many committees constituted by Ministry of AYUSH, Indian Council for Medical Research, Department of Science and Technology etc.

### **Some Important Publications –**

1. Chief Executive Editor ‘Standard Treatment Guidelines’ for Ayurveda, published by Govt. of India which is a fundamental work to standardize Ayurveda Practices at Public Health.
2. Chief Executive Editor, “Guideline for Prevention and Control of Diabetes through Ayurveda”.
3. Chief executive Editor of ‘Training manual (5 volumes) for Nurses’ published by Indira Gandhi National Open University, New Delhi for bridge courses for nurses.
4. Govt. of India “Accreditation Guidelines for Certificate Course in Panchakarma Assistant”.
5. Contributed significantly in developing QCI Accreditation guidelines for AYUSH based wellness Centres and NABH guidelines for Ayurveda hospitals.
6. Publication of First International Journal of Ayurveda, the first peer viewed, indexed journal listed by pubmed was the result of his vision and efforts.

**Software Development** – Concept to designing and led from front in developing ‘AYUSOFT’, the first Ayurveda based disease diagnosis support system software in Ayurveda developed by CDAC.

### **1. Other relevant information:**

- (i) Attended various meetings and training programs organized by WHO HQ as well as WHO country office.
- (ii) WHO IRCH meetings, Benchmark document meetings, Integrative medicine document meetings held between 2015-2021.
- (iii) Represented Ministry of AYUSH in meetings of multilateral forums like SCO, BRICS, IBSA, IORA, MCG cooperation and many more.
- (iv) WHO Consultation on National Action Plan for Prevention and Control of NCDs, on 19-20 December, 2015
- (v) Stake holder consultation on development of strategies on TM and IPR with RIS.19<sup>th</sup> January 2017, New Delhi
- (vi) ‘International Conference on Traditional medicine for South-east Asian Countries’ on 12-13 Feb. 2013. New Delhi
- (vii) WHO Stakeholder Consultation on Regulation and Accreditation of Health Service Delivery Institutions in India, 5<sup>th</sup> Dec. 2013, New Delhi.
- (viii) Contributed in developing WHO policy for Traditional Medicine, that was supported by all the countries during 1<sup>st</sup> World Congress of TM organized by WHO at Beijing China in 2008.

- (ix) 9<sup>th</sup> Annual Meeting of International Regulatory Cooperation of Herbal Medicines (IRCH), 8-10 November, 2016
- (x) Meeting with Senator Maurizio Romani, Vice president Health Commission, Senate of Italian Republic and On. Vito De Filippo, Under Secretary of State, Ministry of Health, Republic of Italy. 17<sup>th</sup> Sept. 2016.
- (xi) Meeting with Dr. Riccardo Luigetti, PhD, Principal Administrator International Affairs of EMA on 23<sup>rd</sup> Nov. 2015 at the European Medicines Agency, Churchill Place, London. Dr. Riccardo briefed about the office of the EMA. Also had meeting with Ms. Emer Cook, the Head of the International Affairs of the EMA. Meeting with HMPC, Meeting with MLWP, Meeting with EMA International Affairs wing.
- (xii) Developed Non-paper on Ayurvedic Drugs for submission to Swiss medics, July 2013.
- (xiii) Developed 'AYUSH intervention in NPCDCS Program' and is being successfully implemented in 1 district each of 6 States.
- (xiv) In the capacity of Dy. Adv. and Director (I/C) have dealt the work of International Cooperation Section of Ministry of AYUSH.
- (xv) Represented Ministry of AYUSH in various bilateral/trilateral international meetings/forums/working groups. These include IBSA, ASIAN, SARC, EU-India JWG on Pharmaceuticals and Bio-technology etc.
- (xvi) Made presentation on Regulatory system for Ayurveda education and practices in India Africa Summit on TM organized by AYUSH in 2011 at Jaipur and also in the first Conference on TM organized by AYUSH in collaboration with WHO SEARO at Delhi in 2012.
- (xvii) Participated in various meetings of Ministry of AYUSH with foreign delegations including NIH and NCCAM (USA), Malaysia, Indonesia, BRICS, Israel etc.
- (xviii) Coordinated and developed 'Global strategy and Plan of action on Public Health Innovation and Intellectual Property', for submission to WHO 7<sup>th</sup> Aug. 2009.
- (xix) Developed Ayurveda First Aid kit for common health problems, which could be distributed to PHCs and ASHA.
- (xx) Represented Ministry of AYUSH at the steering committee constituted by Quality Council of India under Chairmanship of Sri Sri Ravishankar Ji, for development of accreditation and certification of Yoga teachers
- (xxi) Participated in NITI Lectures: "Transforming India" by Bill Gates followed by Panel Discussion (Natarajan Chandrashekhara CEO and MD, TCS; Noshir Kaka, MD, McKinsey and Ravi Venkateshan, Chairman, Bank of Baroda.

**Dr. Manoj Nesari**  
**M.D. (Ay), PhD.**

**Sept, 2021**  
**Place: Delhi**