

Activities in FY 2023/24
of the
Ayush Cell
of the
Embassy of India, Zagreb.
April

Minister Lekhi discussed genomics, economics, sports, history, and other relevant topics with Igor Štimec, head coach of the Indian national team, Alojzije Janković, Vice-President of the European Chess Federation, Mrs Martina Dalić, former Economy Minister & CEO of Podravka and Dr Dragan Primorac, former S&T Minister & world's leading genetic forensic expert. On Sunday, 16th of April she met with members of the Indian community and friends of India and joined a special yoga session. She also visited the UNESCO heritage site of Plitvice Lakes. MoS visited the special hospital of St. Katarina led by Dr Dragan Primorac and learned about the possibilities of cooperation within whole genome analysis projects in clinical practice.

 Meenakshi Lekhi
16 April at 17:07

Joined a yoga session organised by the Indian embassy along with the Indian community & the Friends of India in Zagreb this morning. Impressed by their enthusiasm. Shared a cup of Ayurvedic tea with them. Happy to see India-Croatia relations growing & Indian spiritual wisdom contributing to peace, harmony and happiness.



May

Ambassador Srivastava participated in the Zagreb-based Ayush Cell session "Yoga Therapy: Holistic Approach to Health" held with the Participation of Yogacharya Jadranko Miklec.

YOGA THERAPY
HOLISTIC APPROACH TO HEALTH
JADRANKO MIKLEC

11.05.2023 AT 4 P.M. CEST

AMB. RAJ KUMAR SRIVASTAVA
 Ambassador of India to Croatia

JADRANKO MIKLEC
 Yogacharya

ZOOM WEBINAR ID: 485120475

FREE ZOOM EVENT

June

52 participants from 8 countries participated at the Common Yoga Protocol

From February 2 until April 27, 2023, through the Zoom application (two times a week), 52 participants from 8 countries (Norway, Denmark, England, Montenegro, Bosnia and Hercegovina, Germany, Croatia, and Serbia) participated in the CYP (Common Yoga Protocol) yoga volunteer training course, organized in cooperation with the Ministry of Ayush, Government of India, the Embassy of India in Zagreb and Yogacharya Jadranko Miklec. The aim of the course organized was to promote and disseminate the knowledge and practice of yoga among the general public at the national level for the improvement of their health and well-being as a preparation for the celebration of IDY2023.

The course was international, and on May 17, 2023, in Zagreb, in the presence and welcoming speech of Ambassador Srivastava, we had a live demonstration (some present live and others participated through Zoom application) of the practice of CYP with the delivery of certificates.



The 9th IDY during 01-25 June 2023 was marked with over 50 yoga events

The International Day of Yoga is being celebrated in Croatia since 2015. The number of cities and locations which are marking the International Day of Yoga has increased in the following 9 years. The first IDY in Croatia in 2015 was celebrated during 01-21 June 2015 in 16 locations in Croatia, which increased to over 50 locations this year. The final celebration of this year's International Day of Yoga was held on June 21, 2023, in Park Bundek (lake stage) with 100 attendees. In addition to civil society organizations, yoga workshops were organized with Tourist Boards and City Councils of several cities, students of the Faculty of Kinesiology, University of Zagreb, students of the School of Applied Arts and Design, Zagreb, SOS Children's Village Lekenik, Monte Zaro Elementary School Pula, Kvarner Health Tourism Cluster to promote the positive effects of traditional systems health like yoga that are effective for boosting immunity. In addition to practicing, participants had the opportunity to enjoy a presentation by yoga teachers and experts.

CENTRAL CELEBRATION OF IDY 2023
BUNDEK, ZAGREB - 21/6 - 7 pm,
Embassy of India, Zagreb & Yoga partners

Zagreb **Central & North-East-West Croatia**

IDY 2023

with over 50 yoga events in 5 regions of Croatia

Zagreb (1st -21st June)

ZAGREB - 5/6 - 7 pm, Rudeška 160 a Branko Radosavljević &
 ZAGREB - 6/6 - 5 pm, Suryapham, Magazinška 9a
 ZAGREB - 11/6 - 9 am, Main entrance Maksimir Park, Bhakti Marga
 ZAGREB - 12/6 - 6 pm, Namaste Yoga Zagreb, Ul. Savezne Rep. Njemačke 2A
 ZAGREB - 12/6 - 8 pm, Jezero Bundek, Seraphin Yoga
 ZAGREB - 12&13/6 - Dharma Yoga Center Zagreb - Kuća Dharma joge, Pavla Hatza 10, Zagreb, ISKCON
 ZAGREB - 16/6 - 8 pm, rooftop, Verbasana yoga & HEY
 ZAGREB - 17/6 - 8 am, park Maksimir (main stage), YIDL
 ZAGREB - 17/6 - 10 am, MS "Stjepan Radić", Hercegovačka 111, Institute for Yoga and Ayurveda "SUNCE"
 ZAGREB - 17/6 - 10 am, SVETICE 34, AM AJARA YOGA STUDIO

YOGA PARTNER

ISKCON

Mehang

HRVATSKI

Istria (16th-24th June)

PULA - 16/6 - 9.30am
 Sumaki vrtić, Partizanski put 2-A, Mohanji Croatia
 LABIN - 17/6 - 9 am
 at the YIDL Peace Tree, YIDL
 NOVIGRAD - 17/6 - 10 am
 Novigrad Diocese Park, YIDL
 POREČ - 18/6 - 6.30 pm
 Materada (Czech Park), Association "Vitasana". Yoga Poreč, ISKCON
 UMAG 18/6 - 10 am
 Beach Afrika, YIDL
 ROVINJ - 19/6 - 7 pm
 Beach "Parton Bistrič", YIDL
 PAZIN - 21/6 - 6 pm
 Mala Traba 53H. (garden). "SAMSARA"
 Body & Mind
 PULA - 21/6 - 8.45 am
 Baškonić ascent 24
 MOHANJI HRVATSKA
 VODNANJ - 24/6 - 9 am
 Park Kažuna, Tourist Board Vodnjan

Kvarner

RISNJAK - 3/6 - 9 am
 Vijeće parking lot, Bhakti Marga
 CRIKVENICA - 9-11/6 - 8 am
 Crikvenički Tourist Board,
 RIJEKA - 12/6 - 7 pm
 Pečine, Bhakti Marga
 KRK, KRK, 19/6 - 9 am
 Activity center Krk, Yoga otok Krk Surya Yoga
 RAB - 17/6 - 8 pm
 Square of sv. Kristofor, Bogdana, Vukasović
 PUNAT, Krk 19/6 - 8 am
 Yoga otok Krk Surya Yoga
 BAŠKA - 20/6 - 8 am,
 Ul. Emilia Gestičica 48, Marija Skondić & Tourist Board Baška
 RIJEKA - 21/6 - 8 am
 park in front of Culture hall Yoga in Daily Life, Spriččevića 2, YIDL
 RIJEKA - 21/6 - 7 pm
 Scarpina 5, premises of the Cirrus association, Bhakti Marga
 MALINSKA, KRK- 22/6 - 8 am
 Rova beach, TZ Općina Malinska yoga flow2glow

Lika-Senj

ZADAR - 9/6 - 7.30am
 Greeting to the Sun and Sea Organ, Art of living
 DRNIŠ - 10/6 - 10 am
 the town square of Poljana, Tourist Board Dmiš
 KORČULA - 17/6 - 10 am
 Yoga Korčula "Balansa", Vrt Maksimilijana Vanku
 SPLIT - 17/6 - 6.30 am
 Park Suspan, YIDL
 ŠIBENIK - 21/6, DSR DIVINE YOGA STUDIO at 9 am & 8 pm
 1 - Wind Rose Water Sports Center - Hotel Solaris 86 (Amadria Park)
 2 - D-Resort Šibenik, Obala Jerka Šišgorića 1 (Amfiteatar)
 ZADAR - 21/6 - 8 pm
 Andrije Kažića Mloščica 24e, Anahata Yoga Promotion Association
 DUBROVNIK - 25/6 - 10 am
 Otok Loknum, TM Centar Dubrovnik, OKEY Yoga, Buddha's Cat Studio, Udruuga Umijeće Življenja Zdravko Baseli. Free Boat Ride.

Dalmatia (9th-21th June)

SISAK - 8/6 - 6 pm, Ulica Ivana Meštrovića 30, Bhakti Marga
 OSIJEK 11/6 - 6pm, Yoga center LOTOS
 ZAPREŠIĆ - 14/6 - 6.30 pm, A. Mihanovića 2, Kundalini yog studio Sat Amrit
 GRABOŠTANI - HRVATSKA KOSTAJNICA - 16/6 - 9 am
 Community Centre Graboštani, Graboštani 29 A, Bhakti Marga
 MAJUR HR. KOSTAJNICA - 16/6 - 10.30 am
 Majur kindergarten building, Davorina Trsterjaka Street 29 Bhakti Marga
 VARAŽDIN - 16/6-10 AM
 Old town, near the entrance to the Museum, YIDL Varaždin
 KARLOVAC - 17/6 - 7 pm, Mrežnica, Mrzlo Polje river beach near the waterfall, Bhakti Marga
 VARAŽDIN - 17/6 - 6 pm, Šetalšte Drava, Bhakti Marga
 SAMOBOR - 17/6 - 8 am, park by Yoga in Daily Life Alley
 VUKOVAR - 18/6 - 10am, Adica Forest Park, YIDL
 VELIKA GORICA - 19/6 - 6 pm, Park dr. Franje Tuđmana, YIDL
 KARLOVAC - 21/6 - 6 pm, Vrbanićev perivoj, YIDL
 SLAVONSKI BROD - 21/6, 6 pm, Ante Starčevića 1, Saty Yoga Studio & HSY
 LUDBREG - 21/6 - 10 am, Aysna studio/Youth Island Ludbreg

Central & North-East-West Croatia (8th-21st June)

Online Session:
21st June by Croatia Ayurveda Institute

The central celebration of this year's International Day of Yoga was held on June 21, 2023, in Park Bundek

The final celebration of this year's International Day of Yoga was held on June 21, 2023, in Park Bundek (lake stage) with 100 attendees, organized by the Embassy of India in Croatia in partnership with the City of Zagreb, Zagreb Fair, YIDL, AOL, Mohanji, Bhakti Marga, ISKCON Croatia & Croatian Yoga federation.

Ambassador Srivastava highlighted the theme of the 9th IDY of "Yoga for Vasudhaiva Kutumbakam - Yoga for World as one Family". The awareness about Yoga has increased in the past nine years globally since the United Nations declared 21st June as the International Day of Yoga and on the occasion of 9th IDY Prime Minister Narendra Modi led the yoga session at the UN headquarters in New York with every nationality present on the ground. Truly Yoga has united the world as one Family. Zagreb Fair Director Ms. Renata Suša welcomed the participants and Zagreb residents to celebrate 10th #IDY at the large Zagreb Fair premises in 2024.



Yoga events in Kvarner (2nd – 21st June)

RIJEKA, YIDL Rijeka



PUNAT, Yoga otok Krk Surya Yoga



RAB, Aqua Yoga Rab



RISNJAK NP, Bhakti Marga



MALINSKA, flow2glow & HSY



BAŠKA, Tourist Board Baška



KRK, Yoga otok Krk Surya Yoga



CRIKVENICA, Crikvenica Tourist Board, Kvarner Health Tourism Cluster, KUŠAC ASSOCIATION



Yoga events in Međimurje, Zagorje, Podravina & Slavonia (2nd-19th June)

VARAŽDIN, Bhakti Marga



OSIJEK, Yoga center LOTOS



SLATINA, Udruga AUM



VUKOVAR, YIDL



VARAŽDIN, YIDL Varaždin



LUDBREG, AYANA YOGA



Yoga events in Zagreb & central Croatia (3rd - 21st June)



It was a real honour & privilege for all of us to host Gurudev Sri Sri Ravi Shankar at India House in Zagreb for a blissful session of wisdom & meditation for 50 esteemed guests. With this also began the 20 days long 60 events rich IDY 2023 in Croatia this year.

ZAGREB, Branko Radoslavljevic



SAMOBOR, YIDL Zagreb



ZAGREB, Bhakti Marga



ZAGREB, Institute of Yoga and Ayurveda "SUNCE"



KARLOVAC, Bhakti Marga



SISAK, Bhakti Marga



ZAGREB, Croatian Yoga Federation & VERBASANA



ZAGREB, Namaste Yoga Zagreb



ZAGREB, YIDL Zagreb



Yoga events in Istria (2nd – 24th June)

VODNJAN, Tourist Board & City Council of Vodnjan



LABIN, YIDL Labin



PAZIN, "SAMSARA"
Body & Mind



NOVIGRAD, YIDL & Amrit Sagar

Ambassador Srivastava participated at the IDY2023 celebration in Novigrad with over 100 yoga participants jointly with the Mayor of the City of Novigrad, Mr. Anteo Miloš. The event was also supported by the City of Novigrad, Tourist Board of Novigrad Cittanova and the association Amrit Sagar - Yoga Novigrad-Poreč.



POREČ, "Vitasana", Yoga Poreč



UMAG, YIDL Labin

ROVINJ, YIDL Labin



Yoga events in Dalmatia (9th – 24th June)

DUBROVNIK, TM Centar
Dubrovnik, OKEY Yoga, Buddha's
Cat Studio, Udruga Umijeće življenja



KORČULA, Yoga Korčula
"Balanca"



ZADAR, Art of living



SPLIT, YIDL Split, Bhakti Marga



DRNIŠ, Tourist Board Drniš, Yoga Back to Basic - Šibenik Knin

Ambassador Srivastava participated in a yoga session, which took place in Drniš Fortress Gradina and was organized in cooperation with the Tourist Board Drniš and Yoga studio Yoga Back to Basic - Šibenik Knin.



ŠIBENIK, DSR DIVINE YOGA
STUDIO



Pictures from all IDY location will be shared in due course of time.

September

"Health benefits of practising Ayurveda: Basic Self Pulse Diagnosis" about Nadi Pareeksha

Ambassador Srivastava interacted with the Ayurveda community at Napredak and Prof. Dr. Suresh Swarnapuri from Hrvatski Ayurveda Institute at the session "Health benefits of practising Ayurveda: Basic Self Pulse Diagnosis" about Nadi Pareeksha. The session highlighted the benefits of Ayurveda which could provide a consciousness-based approach towards a healthier lifestyle and promote the overall well-being of humanity in synergy with nature. The event was supported by the India-Croatia Society.



October

Ayurveda in Opatija

The Ministry of Ayush, Government of India delegation from All India Institute of Ayurveda, New Delhi & Ayush Govt. of Assam, India participated in the "Ayurveda in Opatija" event on 25th October with Ayurvedic consultations and lectures for the employees of Thalassotherapy Opatija and local stakeholders interested in India's traditional health care system. Ambassador Srivastava pointed out the significance of Ayurveda and praised the interest of Croats in India's traditional healthcare system. The President of the Kvarner Health Tourism Cluster dr. Vladimir Mozetič and Director of Thalassotherapy Opatija Dr. Viktor Peršić also highlighted the therapeutical treatments of India's Traditional Healthcare system which is being implemented on demand of the Tourists in several facilities in Croatia.



The event was successfully concluded with a Millet-based reception for the attendees.

At the 11th CIHT Conference in Crikvenica, Croatia held on 26 October & organized by the Kvarner Health Tourism Cluster, its MoU partner All India Institute of Ayurveda, & Ministry of Ayush, Government of India participated for the first time



During the conference, Ambassador Srivastava highlighted the importance of Yoga & and Ayurveda as universal wisdom which are important to understand the meaning of human life with simple basic facts like five elements & and five senses and creating balance and awareness about the body constitution for healthy living in harmony with nature. He also highlighted the importance of the human-centric governance model which has witnessed inclusive sustainable growth and efficiency in the Indian economy in the past decade including in healthcare where traditional systems are becoming household stories of daily lives reducing public expenditure on medical expenses. This movement would only accelerate in times to come and India is sharing its experience with like-minded countries like in Kvarner Cluster in Croatia. He explained that once you understand the concept of Yoga & and Ayurveda, the all round prevalent seminars of mindfulness, emotional intelligence, ego control, & stress reduction would not be needed and three common treatments related to- Anxiety (Vata dosha) Metabolism (Pitta dosha), & Stamina (Kapha dosha) could be done through simple natural methods of Ayurveda.



The first presentation on “Panchakarma and Skin Diseases & Ayurveda in the Management of Non – Non-communicable diseases”, by Prof. Dr Anandaraman Sharma, All India Institute of Ayurveda, India showcased multiple case studies of successful fast treatment in a few weeks by Panchkarma of difficult & chronic skin disease patients, which are published in international healthcare journals.



The second presentation on “Yoga for Health and Wellness” by Dr Indranoshee Das, Director, AYUSH, Govt. of Assam, India presented the benefits of Yoga for all ages including for differently abled children as implemented in Assam. Read more about the conference at the following [link](#).

November

A session on Yoga and sport was held on the 29th of November with the participation of Ambassador Srivastava, Yogacharya Jadranko Miklec and Mr. Damir Božinović, a long-time yoga teacher and practitioner and doctoral student at the Faculty of Kinesiology in Zagreb. He graduated from the Faculty of Kinesiology in Split, received his master's degree in postgraduate studies at the Faculty of Kinesiology in Zagreb and obtained the academic degree of Master of Science. He has published several scientific and professional works.



YOGA I SPORT
MR. SC DAMIR BOŽINOVIĆ

FREE ZOOM EVENT

29.11.2023 AT 4 P.M. CEST

JAM. RAJ KUMAR SRIVASTAVA
Ambassador of India to Croatia

MR. SC DAMIR BOŽINOVIĆ
Kinesologist, Yoga teacher

JADRANKO MIKLEC
Yogacharya

The 8th Ayurveda Day: "Ayurveda for everyone every day"

The 8th Ayurveda Day, integrated Lectures, an Ayurvedic millet-based culinary workshop and tasting on the कृषि विभाग रायगड - International Year of Millets 2023 were held at the OAZA Joyful Kitchen, in Zagreb on 10th November with Mohanji Hrvatska. Ambassador Srivastava highlighted the main theme "Ayurveda for One Health", under the slogan "Ayurveda for everyone every day", with a focus on the connection between all living beings and the environment. Amb noted that this year's theme is in line with the theme of G20 India's chairmanship, 'Vasudhaiva Kutumbakam', under which the Declaration emphasizes the 'One Health' approach by addressing various aspects of health, including nutrition. The rich programme also saw a Lecture on millets from the aspect of the Ayurveda Adhara Centre by Irena Svenda, a cooking workshop, and a Presentation of the humanitarian platform ACT4Hunger, Devi Mohan, global president of the international humanitarian organization ACT. The event was closed with a Dance performance of Kathak dance by Ivana Surya and a tasting of millet dishes and Ayurvedic teas.



India is the partner country of CroArgo and Healthy Food and Living fairs



The opening ceremony of CroArgo and Healthy Food and Living fairs witnessed the speeches of Renata Suša, director of the Zagreb Fair, Mr. Mladen Jakopović, president of the Croatian Chamber of Agriculture, H.E. Mr. Raj Kumar Srivastava, Ambassador of India to Croatia, Mr. Tugomir Majdak, State Secretary in the Ministry of Agriculture of the Republic of Croatia & envoy of the Prime Minister of the Republic of Croatia, M.Sc. sc. Martina Ciglević, assistant adviser to the President of the Republic of Croatia for the economy and representative of the President of the Republic. The event was opened by Mr. Tomislav Tomašević, Mayor of the City of Zagreb who praised the partnership of the friends of India which has established a strong bond between the City of Zagreb, Zagreb Fair and India in the field of Culture and now in the field of Healthy Living lifestyle. In his speech, Ambassador Srivastava referred to the legacy of Nikola Tesla that the secrets of the universe can be understood by thinking in terms of frequency, vibration and energy, and expressed his happiness that fair started with blissful Indian classical music on Sitar & Tabla. Healthy Living is a mindset and lifestyle matters more than medical issues. 90% of global ailments are connected to three issues Anxiety, Metabolism, and Stamina and stability. Broadly speaking all three have direct solutions through healthy living using principles of Yoga, Meditation, & Ayurveda, all three of which would be presented through consultations and workshops during the fair with India as the partner country. Ambassador also mentioned that the opening of the Fair coincided with the ending of G20 India's presidency whose motto Vasudhaiva Kutumbakam, which translates to "One Earth, One Family, One Future," is also a mindset matter where we see our existential reality which is of Unity. Find the full speech [here](#).



December



India is preparing an interesting program that will be marked by Yoga and Ayurveda workshops and collective music and dance performances. The partnering coincides with the International Year of Millets and G20 Presidency of India. India prepares delicious tastings and awaits you.

PARTNERS



Friday, 1st December

17.00-18.00 - "In. for Y&A "SUNCE" & Jadranko Miklec - Hall in pavilion IIA



18.00 - 18.45 - Ayurvedic lecture by Mr. sc. Irena Švenda, Ayurveda - Nutritionist - Open stage pav. IIA

Saturday, 2nd December

-11.00 - 12.00 - Izabela Marić, president of the Croatian Yoga Federation - Chair yoga with breathing exercises & relaxation - Hall in pavilion IIA



17.00 -17.30 - Helena Cuculić and Sandra Begović "Experience from Ayurvedic clinical practice in India", Open stage pav. IIA

Sunday, 3rd December

3:00 p.m. - Ana Kutija stress management workshop (breathing & relaxation techniques, along with certain Asanas, which can also be done on a chair) - Open stage pav. IIA



14:45 - 15:00 - Indian dance by OpaA - Oriental dance ensemble Apsaradhe - Open stage pav. IIA

India's program was the highlight of the Food and Healthy Living Fair with Yoga & Ayurveda workshops and collective music and dance performances


India's program was the highlight of the Food and Healthy Living Fair with Yoga & Ayurveda workshops and collective music and dance performances. The attendees of the Fair had also a chance to try Indian cuisine and find out more about Indian ayurvedic products, available in Croatia and opportunities to discover themselves through Ayurvedic treatments in India. At the inaugurational speech, Ambassador Srivastava also mentioned that the opening of the Fair coincided with the ending of International Year of Millets 2023 & G20 India's presidency whose motto Vasudhaiva Kutumbakam, which translates to "One Earth, One Family, One Future," is also a mindset matter where we see our existential reality which is of Unity.



January & February

Embassy's AYUSH Cell Sessions in January/February

LECTURE & WORKSHOP
Benefits from Agnikarma
Ancient Ayurvedic Pain Relieving Methods




Agnikarma Demonstration

Welcome Speech By
Raj Srivastava
Ambassador of India to Croatia

Prof. Dr. Suresh Swarnapuri
Europe Ayurveda Academy
President & Honorary
Ayurveda Institute

METHODOLOGY OF
YOGA EDUCATION

YOGACHARYA
JADRANKO MIKLEC



25.01.2023 AT 4 P.M. CEST

AMB. RAJ KUMAR SRIVASTAVA
Ambassador of India to Croatia

JADRANKO MIKLEC
Yogacharya

FREE ZOOM EVENT

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MILAREPA
TIBETAN YOGI AND SAINT
DILGO KHYENTSE YANGSI RINPOCHE

FREE ZOOM EVENT

01.02.2024 AT 4 P.M. CEST

AMB. RAJ KUMAR SRIVASTAVA
Ambassador of India to Croatia

DILGO KHYENTSE YANGSI RINPOCHE

DENIS DELOU

JADRANKO MIKLEC
Yogacharya

DILGO KHYENTSE YANGSI RINPOCHE

Dilgo Khyentse Yangsi Rinpoche is the reincarnation of Dilgo Khyentse Rinpoche, one of the most revered teachers of Vajrayana Buddhism in Tibet of the 20th century. Trulshik Rinpoche (the most senior and accomplished disciple of the previous Dilgo Khyentse Rinpoche) had numerous dreams and visions that indicated the identity of the incarnation. Later, His Holiness the Dalai Lama confirmed that he is the tulku of Dilgo Khyentse Rinpoche.

Dilgo Khyentse Yangsi Rinpoche is born in Nepal in a family of renowned teachers and yogis. He received Buddhist education in Bhutan, completed Sherpa (nine-year philosophical college course) and received all the teachings and empowerments that his predecessor held.

He is compassionate, kind, and genuine teacher, who has a deep commitment in helping people becoming a good human being focusing on practice and working with their own mind. He teaches all around the world and express great care for everyone who has contact with him.



India in Bjelovar



The Day of "India in Bjelovar" witnessed an celebration with 3C's (Conversations, Culture and Costumes) at the Hall of Culture in Grad Bjelovar on 15 February, attended by 300 guests. The event was organized in partnership with the City of Bjelovar, and the Ministry of Culture and Media of Croatia with the main attraction of a performance by 8-member Indian Council For Cultural Relations troupe presenting Bhangra Folk Dance. Mayor of the City of Bjelovar Dario Hrebak stated that he is pleased that India can show their culture and New India in a multicultural city such as Bjelovar. It is also visible that people are acquainted with India and familiarised with what India has to give to the world, and Croatia. Ambassador Srivastava explained the civilisational heritage of India where science & spirituality make a continuum giving strength to each other. He said that Yoga is a journey from zero to infinity and that's why India discovered both zero & infinity not as a mathematical concept but as a spiritual one. From nothingness all creation came, the infinite potential lies within the universe inside us, through yoga, one can make our positive energy focused on whatever we wish to achieve, like the laser or optical fibre. The event also witnessed a Yoga Chair session by Yoga i fitness studio "Namaste" which was followed by an energetic performance of the ICCR troupe



March

India in Dubrovnik



The inauguration of the 2nd edition of "India in Dubrovnik" which is celebrated from the 11th-13th March with 3C's (Conversations, Culture, & Chess) saw an evening of Conversation on the topic „Bridging Science with Spirituality “. Ambassador Srivastava noted that Science & Spirituality both connect the microscopic & macroscopic realities, both try to make sense of human experience & physical reality. The bridge between "Science and Spirituality could transform the human experience and enhance Peace, Progress and Prosperity on our planet. Ambassador Srivastava also explained the ancient Indian schools of philosophies which provided both scientific & spiritual paths to explore the truth and fulfill the human potential living beyond five senses. Meanwhile prof. Ivo Orlic, an independent researcher gave his view on the topic through a presentation searching for links between natural and spiritual laws. The Law of Correspondence is a metaphysical principle that connects physics and life, visible and invisible, material, and immaterial. For example, the physical law of action and reaction, metaphysicians recognize as a reflection of the deeper spiritual law of cause and effect, just as they recognize that other physical concepts such as flow, energy, inertia, or force are as applicable to humans as they are to nature. Prof Orlic presented the struggles of Physics in explaining the theory of small which from particle physics has shifted to quantum physics where deterministic models of 20th century no more work, and probability & possibility determine the outcomes till observations are made. This unique week of India in Dubrovnik is partnered by the Croatian-Indian Friendship Society Dubrovnik, City, Tourism Board, University & Inter University Centre Dubrovnik, Croatian Chess Federation and the Embassy of India, Zagreb.

